A Lifetime of Observations and Reflections
On and Off the Court

John Wooden

1) Why is it so hard for so many people to realize that winners are usually the ones who work harder, work longer, and as a result, perform better?

2) Why are there so many who want to build up the weak by tearing down the strong?

3) Why is it that so many nonattainers are quick to criticize, question, and belittle the attainers?

4) Why is it so hard for us to understand that we cannot antagonize and positively influence at the same time?

5) Why is it so much easier to complain about the things we do not have than to make the most of and appreciate the things we do have?

“Try your hardest in all ways and you are a success. Period. Do less than that and you have failed to one degree or another.”

– Coach John Wooden