

# **DELTA STATE**

## **BASKETBALL**

# **THE DELTA STATE WAY**

## **We Determine the Outcome of the Game**

- Focus:** Eliminate the Clutter and the Mickey Mouse Problems
- Compete:** Compete at everything we do - Have Too vs. Want Too
- Toughness:** You Have to be Tough to be Us - No Flickering Lights  
Difference between being hurt and an injury

## **Practice is Everything**

The Will to Prepare to Win is more Important than the Will to Win  
Our Strength is Teaching and Skill Development

## **HARD WORK**

Dominate our Opponents with Hard Work - Don't Look at the Scoreboard  
Must Commit to Never being Outworked, Not Even One Day

## **"A COMMITMENT TO EXCELLENCE"**

- Conviction:** Belief in what we are doing - "68"
- Character:** It's who you are when no one else is around  
Truth - without Truth there can be no Trust  
Ability to Overcome Adversity
- Attitude:** It will determine our success - There are No Limits  
Positive - Positive - Positive - No Energy Vampires  
You are what you Think About!

### **Beliefs:**

- It's all about the Process:** It's the Journey that is important
- Everything Counts:** Everything - You are Responsible
- Respect:** Yourself, Your Team, Your Coaches, DSU, our Opponents

### **Rules:**

- Always Protect the Team - Every Decision Effects US  
Don't Whine, Don't Complain, Don't Make Excuses  
Be Early - Lombardi Time



# **Tough - Hard Nosed - Aggressive Team Man to Man Defense**