

DELTA STATE

BASKETBALL

THOUGHTS ON TEAM BUILDING

DELTA STATE BASKETBALL

The Most Important Part of the Game: ***TEAM - TEAM - TEAM***

Team Building is a Daily Process: *You are changing hearts, not teaching technique!*

Team concepts should be the most important component of the game to you the Coach.

Your players will know what is important to you as the coach, you must emphasize it daily.

It's not what you do it's what you emphasize!

Teach your Team to put the Concerns of Others Above their Own
Teach your Team to get Involved in Something Bigger than Themselves
Understanding and Accepting Roles
Thankfulness
Enthusiasm for each Other

Ideas on Team Building

Establish an Overriding Purpose – Greater Than Basketball

Statesmen Basketball: *Trust – Faith – Commitment*
It's not what you accomplish, it's what you become

Have a Genuine Concern for Everyone Involved in Program

Academic Program
Notes & Phone calls to player's and families - Social Media
Family time for assistant coaches
Individual meetings with players, unscheduled individual time
Dinner at Coaches house, 1or 2 Player groups

Players Serving Others

Notes from players to people in crisis
Community service, ie: Special Olympics

Expect Servant Leadership

Seniors put up equipment
Seniors clean the bus, team room, etc.

Players Know and Understand their Roles

Are you the best three point shooter?
Are you the best defender?
Who do we want a shot for in late clock?
Can you handle sitting?
Team evaluations - Fox Hole Test

Team Shares in Victories & Failures

Team Free Throws (33)
Three in a Row Free Throws
Competitive Drills & Games
Conditioning
Frozen Push-ups



Team Together

Get in or Get Out - Must be All In!
No cliques - No Lone Wolves

Team Meetings (Without Coaches) & Senior Leadership

Promote Team Meetings conducted by Seniors and Captains
This is us, this is not us
Pass the torch

Teach “Team Together” during Game Situations

Time-outs: everyone in front, eyes on Coach/Film
Film Bench: How do starters handle “garbage time”?
Warm-ups: Entire Team
Verbal & Nonverbal Positive Communication, ie: Point to thank a teammate
No Energy Vampires

Live Together

Campus Housing - Be a Real Part of the University
Basketball Camp
Road Trips, rotate assignments

Shared Suffering

Boot Camp
Conditioning
Practice Situations
Practice at 5:30am

Make Them Coach Each Other

Echo Yells – tell one player 7 seconds until next drill
Leaders are responsible for practice behavior
Stress positive, stress veteran leadership

Coach your Media Stars

Talk about someone else
Emphasis to the media those players who need to be
Always about our DEFENSE FIRST!

Family: Create an Atmosphere that our Former Players want to Share

Newsletters
Phone Lists
Alumni Games
Former Teams Plaques on wall
Former Players Coaching
Former players Speaking
Work Basketball Camp

It's your fault if your Players are not a TEAM

DSU Goals: Earn Your Degree
Win
Have Fun - Enjoy Your Teammates & Coaches



IT's ALL ABOUT THE RELATIONSHIPS & LIFE LONG MEMORIES