



COACH JIM BOONE

TABC Coaching Clinic
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Don Meyer: Write it all down
Get all the good ideas but know you can't use them all
Fortune 500 Companies — note takers

Pete Newell: *"Basketball is the most over-coached, under-taught game."*

3 anchors of your program

- ◀ Assureness - take care of the ball
- ◀ Shot Selection
- ◀ Team Defense

Why Pack Line

1. Can you beat the best with your defense
2. Does your defense all you to win on the road
Majerus: winning on the road is about the paint
3. Does your defense improve as the season progresses
4. Does your defense progress in post season

Knight: *"You get what your tolerate."*

"Know Your No's" — non-negotiables

- 1) No Fast-break Lay-ups
- 2) No Baseline, Nothing to the Outside
- 3) No Paint (911)
- 4) No Direct Drives
- 5) No Rhythm Threes
- 6) No Second Shots
- 7) No Fouls

There must be Consequences if the Ball gets to Paint:

- 1) Take the Charge Foul - Take the Hit and protect the Basket
- 2) Block the Shot - Best shot block opportunities come from Help
- 3) Get a Deflection - Help the Helper - Force the Next Pass
- 4) Hard Foul, we do not want to foul but we are not giving up lay-ups

Rick Majerus: *"Those to whom defense is not important will have the best seat in the game."*

3 PACK LINE KEYS:

1. Pressure on the Basketball (based on ability/athleticism)

CLOSEOUTS

“Kobe” - (Driver/Shooter) — elbows bent...finger touch closeness

“Rondo” - (Driver) — “Sometimes not to guard is to guard.”

“Curry” - (Dead 3)

Closeouts are about seeking leverage

Doesn't like to switch — wants to maintain the integrity of the match-up

JB: *“We are an eye-to-eye” program.*”

Utilize echo yells

2. Already in Help

Chuck Daly: *“Defense can't guard two things in a row.”*

Guarding non-ball defender

◀ 2 feet in Pack

◀ Closer to the ball than your man

◀ See 'em both

TP: Defend with near arm, near leg (no open stance)

2/2 Full Court — Seal the gap

TP: Get off and get ahead



Tates Locke “Rule of Two”

- ◀2 minutes to Teach a Drill
- ◀2 days to Learn the Skill
- ◀2 months to make it a Habit.

JB doesn't use a whistle in practice...wants player to be able to lock into his voice.

3. Can't keep them from getting shots but can influence where those shots come from.

Things we can control:

- ◀Conversion Defense
- ◀Defensive Rebounding
- ◀Low Post Defense

JB likes to “Red” the post — double big to big

All players are denied pass inside of 16'

JB: *“We don't get to the mid-line on help because we don't deny.”*

Don't concede post feed.

Side Ball Screen (Outer Third)

“Body Up” - make ball use screen

“Body In”

Screen Defender: Hand on hip

2 Steps Thru

High Ball Screen—Level/Show

JB: *“If I was a high school coach I'd have an alternate defense for playing from behind.”*

Al McGuire: Greatest emotion is winning
2nd Greatest emotion is losing
Winning goes to the head
Losing goes to the heart
Must learn to move forward



