



Jim Boone's

PRESSURE PACK LINE DEFENSE

Ask the following Questions of your Defense:

1. Will your Defense allow you to Defeat the Best Teams on your Schedule?
2. Can your Defense Win on the Road?
3. Does your Defense Improve as the Season Progresses?
4. Will your Defense allow you to Advance in Post Season Play?

KNOW YOUR NO's:

1. No PAINT (*911/Code Red*)
2. No BASELINE, *Nothing to the Outside*
3. No RHYTHM THREES, *Contest all Shots*
4. No DIRECT DRIVES, *Guard Your Yard*
5. No FASTBREAK LAY-UPS, *Cannot Play Transition Defense in Transition*
6. No SECOND SHOTS, *must Teach & EMPHASIZE Rebounding*
7. No FOULS, *Make more FT's than Opponent Attempts*

UAFS Team Culture

- **HARD WORK**
- **TOUGHNES**
- **PASSION**
- **UNITY**

#RuntotheRoar



The Jim Boone File

2 NCAA Final Fours
6 NCAA Sweet 16's
9 League Championships
12 NCAA Appearances
Over 550 Career Wins

**Go to www.CoachJimBoone.com
to check Annual FREE FALL CLINIC DATES**

Three Secrets of the Pack Line Defense

Pressure on the Ball:

One on One Closeouts

Key TP: *Sprint to Choppy Steps
Hard & Short w/ Weight Back
Two High Hands w/ Elbows Bent
Hands Between Shoulders*

One on One FC Lane Slides

Key TP: *Low & Wide Stance
Hands on the Glass
Space & Movement
Protect Your Feet*

Defenders Are Already in Help:

Two on Two Positioning

Key TP: *Connected by a String
Sprint - Get On to Off Quickly
Seek Leverage on Closeouts
NOTHING to the OUTSIDE*

Four on Four Closeouts

Key TP: *Explode Out of the Pack
One Movement not Two
Force the Next Pass
Create a Crowded Floor*

Can't Prevent Shots...We can Influence Type of Shot:

Four on Four Change Drill (Fav Drill)

Key TP: *Stop the Ball
Sprint to Paint
Find the Ball
Find a Man - Get to Gaps
Point & Talk (ELO)*

Utah Conversion

Key TP: *Get Back on the Rise of Shot
First Three Steps w/o Vision
Sprint to Paint
Build Defense to the Ball
"Cannot Play Transition Def in Transition"*

www.CoachJimBoone.com

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