

# PACK LINE DEFENSE TROUBLE SHOOTING

## THINGS THAT WILL KILL YOUR DEFENSE:

- 1) Poor Closeouts:** *Cannot give-up Direct Drives or Rhythm Jumpers - Must Have High Hands and Closeout Hard & Short. Know who you are Guarding. We don't like to switch for this reason, and not switching allows us to lock into our Match-up, who we are defending. We want our best guarding your best!*
- 2) Getting Stretched:** *Cannot wander outside of the Pack Line. Stay in your Gap - Do not become too Man Oriented.*
- 3) Vision:** *Must see both Man and Ball. If you get too locked into your Man you will wander outside of the Pack. And, if you become a Ball Watcher, you will lose your Man.*
- 4) Going for Fakes or Helping up the Floor:** *Stay on the Floor - High Hands - Bigs Cannot Help-up or Over Help.*
- 5) Lunging or Reaching:** *Hands on the Glass, stay Balanced.*
- 6) Being Late to Positioning or to the Post:** *Standing... Must be Active and Alert in Gaps, we say Motors Running*
- 7) Too Low in Gaps:** *Usually a product of being too Safe, causes us to have to move to help, and forces long closeouts.*
- 8) Silence:** *Talking is the Glue, gives you a head start, helps your teammates, and intimidates the Offense.*

